

WESTBOURNE MAGAZINE

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Published for all who live in and around Westbourne



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May 2020

Monthly 60p

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May 2020



The Rectory

Rector's Ramblings

A very unfamiliar Holy Week

No parish priest would ever imagine their being instructed 'not to go into their church'.

No parish priest would ever hitherto have imagined not a single service taking place in public during the most important week of the Church year.

No parish priest would ever imagine that the dining room table would become the place of broadcast prayer, of breaking bread, of praying and preaching, and that contributions to such internet-borne acts of worship would be made in real time by participants in their own homes in Westbourne and the surrounding area – to say nothing of guests from other parts of this country and even overseas.

On Good Friday afternoon, the service I led from my laptop, broadcast by means of 'Zoom', had at least 34 other screens open and participating, and presumably over 40 people in all, present with us in worship; whilst on Easter Sunday, there were 74 'attendances' by laptop, desk top, tablet or phone, representing comfortably over 100 participants.

We had arrived here by a gradual and nerve-wracking route. By Mothering Sunday (22 March), we had been instructed that churches should be closed to public worship in order to

Continues over the page

LIST OF CONTENTS

1	Rector's Ramblings	19	Aldingbourne Trust
2	Rector's Ramblings <i>cont.</i>	20	Buskers and Dogs
3	Church Calendar; Prayer Links; Parish Registers; Copyright	21	Buskers and Dogs – <i>continued</i>
4	Other Local Church Services; You are a Unique; Congratulatory Messages	22	Crossword; Bread in a Box
5	Christian Aid Week	23	Bistro Akela
6	Hearing You; Hospital Card – <i>Chi Cathedral</i> ; And the people stayed home ...	24	Bistro Akela – <i>continued</i> ; Make it at Home
9	Around the Village; Congratulations to Frieda	27	Support for The Spring; Emsworth Museum
10	Eric Ravillious – an appreciation; My Lockdown Quilts	28	Defibrillators in Westbourne
11	Enchanted April – <i>Book Review</i>	29	Life in Lockdown; VE Day 75 Years On
12	Musical Interlude – 1 Plainsong, Scales, Modes	30	The Month that delivered us from Evil – <i>Past Scenes</i> ; Some Useful Contacts
13	Westbourne 100 Years Ago – <i>May</i> Chi Cathedral Peregrine webcam	31	Peregrine Falcon – <i>SWT</i>
14	Letters: <i>Our Thank You</i> ; <i>Recognise Anyone?</i>	32	Westbourne Primary School
17	Parish Council Support for Local Residents; Contacting the Magazine	33	Notice Board
18	Cheese Straws – <i>Recipe</i> ; Stay at Home Street Party	34	Parish Council Meeting – <i>April</i>
		35	Woodmancote Village News
		36	We can Change – <i>Greening</i> ; Tuppenny Barn
		37	To all our WI Friends; Ems Valley U3A

Rector's Ramblings – *continued*

further a shared commitment to social distancing and self-willed isolation. The 'best' we could do that day was to issue 'virtual' daffodil posies, and electronic greetings; though a small rump of worshippers had chosen to come into the Parish Church at the conventional 9.30am to pray at a distance from one another (and of course unbidden since no formal service could be promoted). By Tuesday 24 March the doors of the churches of this land had been firmly shut and locked. No longer was even private prayer or casual visiting to be taking place. Even then, we had little notion here in Westbourne quite where this would be leading us within a fortnight or so.

The technology was being learned on a daily basis. It was Wednesday evening, 25 March, that two of us first tried out this means of sharing Evening Prayer by means of 'Zoom'. The following day, another joined us, still testing what we could manage: how we could keep corporate prayer alive though we were physically isolated from one another. Within a week we had a band of eight or so joining Morning Prayer each day; so we spread the net a little wider and for the first time, on Palm Sunday, actively encouraged a larger congregation and staged a multi-voice reading of the Passion Gospel and drew a 'congregation' of about 20 people. Numbers held up through Morning Prayer (say 17) and Night Prayer (say 14) through Holy Week, until the encouraging figures for Good Friday and beyond, when we opened up this worship to *anyone* who responded to our wide-flung invitation; and, lastly, introduced hymn music: recorded by Stewart Taylor in Gosport on his home organ, and delivered to us through its posting on a website in the form of a downloadable interactive PDF document. OK, the technology may leave you and me bewildered, but we had learned in the course of a fortnight not only what we 'could' do, but even 'what we wanted, appropriately, to offer'. And it continues to take new shape, hopefully with local integrity.

This is not all about numbers; but it certainly gave heart to know that congregational identity was intact in Westbourne; that there was a desire to join together in prayer and worship, despite our physical distance; and that we could give a valued 'local' feel alongside the other 'more professional' broadcasts of churches and cathedrals who had a more practised technical base to draw upon.

So, what other changes? Lots of written words; rather than spoken words. Visual elements to dwell upon reflectively, now that we were denied the aesthetic environment of our churches themselves. Home-based imagery: everyone encouraged to fashion their own palm cross; to designate their Paschal Candle for the home; and to wash their own hands liturgically on Maundy Thursday, as they heard the story of Jesus washing disciples' feet.

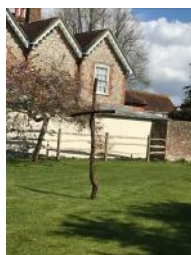
And outside?

Well, a very kind gentleman fashioned a beautiful wooden cross from the recently-hewn bough of a cherry tree in the Rectory Garden. And as the week went on, that public setting played out for the passer-by the tale of this holiest of all weeks: when Jesus entered Jerusalem, suffered, died and rose again. A tree told this story, as this new year's cherry blossom came into bloom, and the springtime birds sang quite beautifully.

... and, by dawn on Easter Sunday, the stone had been rolled away.

Amid the hardships, the fears and the cruel suffering of this unparalleled period, I wish you a blessed Eastertide ... in the love and peace of the risen Christ.

Andrew Doye



St John the Baptist & Woodmancote Churches – May

Church Worship has been suspended from 17 March due to the impact of Coronavirus; any changes to this state of affairs will be set out on the Church website and on email or hard copy communications to those on the Churches' Electoral Roll – (see below *)

Acts of worship are presently being relayed to parishioners (and others) by means of the on-line Zoom platform.

This is a developing picture as to what we can offer, so please stay in touch and be alert to ongoing updates. At the time of preparation of this edition of the magazine the regular pattern that has been established is:

Weekdays	8.30am	Morning Prayer (or on occasions, notably Tuesdays, this will be a celebration of Holy Communion)
Sundays	9.30am	Parish Worship (Communion or Service of the Word, likely with music)

Festival in May:

Thu 21 6.00pm Ascension Day Communion with music

These services are open to anyone able to join by means of access to the internet.

Would those wishing to have an on-line invitation sent to them in advance please register this interest by means of an e-mail to the Rector. (westbournechirector@outlook.com)

St John the Baptist Church, Westbourne, and Woodmancote Church are presently closed to visitors throughout the week.

* Any parishioner is invited to email the Rector (westbournechirector@outlook.com) or the Parochial Church Council Secretary (kiplingmarjorie@gmail.com) who will gladly arrange your inclusion within regular email communications which we will be issuing on behalf of our churches.

Tuesday Evening Talks, scheduled for this month of May, have sadly had to be cancelled. It is hoped to reinstate the series at a later date.

Andrew Doye

Prayer Links

Prayer requests can be emailed to westbournechirector@outlook.com

Alternatively, a Prayer request can be made by writing your own note and posting it in the Prayer Links box in the Parish Hall car park.

Parish Registers

Funeral: 7 April Ronald Alfred Custis (*at the Oaks Crematorium*)

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No articles, photographs, letters, poems or drawings that appear in Westbourne Magazine should be used in part or whole in any other publication without the author's consent. *Eds.*

Other Local Churches near Westbourne

Roman Catholic Church Services

Our Lady of the Assumption	Bosham	Fr Tom and Fr Sebastian will not celebrate any Masses in public until further notice
St Thomas's	Emsworth	Public Sunday and week day masses are suspended

Methodist Church Services

Methodist Church, The Square	Emsworth	The Pastoral Centre is closed until further notice
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You are a Unique

*You are a unique, once only expression of the living God,
made to hear, see, and know Him as no one else ever did,
and then, out of that knowledge,
to unveil before the watching world the revelation of God,
that only you can make.
Since you are physically, intellectually and emotionally,
psychologically, never to be repeated,
God will never have another chance in this universe
to reveal that facet of His character
that is uniquely for you to know and show.*

Eric Delve

A Selection of Congratulatory Messages

- ... Andrew's Easter service it was a remarkable achievement and many thanks to him and to Martin for all that they did and the backroom technology experts who helped set it up.
- The Rector did a wonderful job during Holy Week and Easter Sunday was very special.
- I really appreciated the Easter Sunday service ... Richard Alexander did a lovely job of the cross. On Sunday as I drove past at 6.30 to see the daffodils on the cross was special also. I am glad that the Rector was able to undertake very moving 5.30 service. I also enjoy the early morning services when they are communion particularly.
- It was great to see so many joining our Holy Week and Easter services, with grateful thanks to everyone who worked to make those occasions so meaningful, without being inside our church building.
- I really enjoyed the Sunday morning service too, with plenty of time to study the pictures, wonderful.
- Martin did a lovely Stations of the Resurrection service yesterday (and thanks to Stewart for the music) and Zoom seems to be working for that and all sorts of other things as well.

Editorial Team

This month the editorial team was Gillian Matravers & Owen Pike.

The Front Cover is an original drawing by Cyril Shutler.

For the next edition the editorial team will be Pat Naismith & Margaret Bristowe.

Please note that the Editorial Teams reserve the right to edit material from contributors when appropriate.

Christian Aid Week –

Coronavirus impacts all of us but love unites us

Christian Aid week, 10 – 16 May, is going ahead but it will be very different. Under the current circumstances, sadly, house-to-house collections will not take place. Instead, Christian Aid Week is moving online! They are building a vibrant, virtual Christian Aid Week so you can take part with our online community. Christian Aid would love you to join in to show love for our neighbours near and far, as a global family.

The Coronavirus outbreak threatens not only to jeopardise the health of a region, but of the world. It shows that our futures are bound more tightly together than ever before.

In times of crisis, more so than any other time, it is the poorest, most vulnerable and marginalised who are at greatest risk. We must respond quickly.

The poorest will be worst affected

The Coronavirus does not discriminate between those it targets – rich or poor – but experience has shown us that it will be the poorest who will bear the brunt.

Christian Aid anticipates that some of the world's poorest countries, with the weakest health systems and most vulnerable people, will be exposed to this deadly virus. They will struggle to cope with any costs of healthcare, the costs to someone being unable to earn a living while ill or quarantined, and the costs of rebuilding their life afterwards. Even fresh water, that we take for granted, is unavailable to many.

We know that those most adversely affected by Covid-19 are the elderly, those with underlying health issues and with compromised immune systems. For instance, people living with HIV who are also homeless, or have no fixed income or access to health services. Please pray for the work of

Christian Aid and their partners as they face the crisis and work to support the most vulnerable. If you can, please give. Every little helps.

Christian Aid are already taking action. Working together with partners, they are informing people about the risks, offering



hygiene and hand washing sessions, ensuring that health facilities

in camps have triage and isolation spaces in order to receive suspected cases, and providing training for health personnel and key frontline aid workers.

Coronavirus response: Bangladesh



It is at times like these – testing times – that we recognise we are all in this together. Coronavirus impacts all of us, but love unites us all.

Christian Aid urgently need your help to support their response to the coronavirus pandemic.

Please give what you can today.

Robina Richter

**Please do go on-line and give in the normal way by visiting
donate.christianaid.org.uk**

Gift aid is really helpful so, if you can, please tick the box.

Furthermore, should you wish, please tick the box that it is a “donation on ‘behalf’ of Christian Aid Week, Westbourne Church PO10 8UL”

Love unites us all

At Chichester Cathedral

Hearing You – New Pastoral Support Phone Line Launched

Hearing You is a new phone help line launched by the Diocese of Chichester in partnership with Together in Sussex (<https://togetherinsussex.org.uk/>) in response to the impact that Covid 19 has had on the whole community. It aims to provide pastoral support and a listening ear to the recently bereaved and to people directly affected by the COVID-19 outbreak. Initially the service will run until the end of May, from Monday to Friday, 9.00am to 7.00pm. The number to call is: **01273 425047**.

Hearing You will be staffed by volunteers including clergy and licensed ministers, trained in pastoral care and listening skills. All volunteer listeners will have completed safe-guarding training with the Diocese of Chichester.

They will be able to point callers to other organisations offering specialist support if appropriate and also to Parish clergy. Listeners will offer to pray for the caller or for their concerns.

Hospital chaplains within the diocese will be able to direct people to the service and the phone lines will be open to anyone living in Sussex whether they currently attend a church or not.



Bishop Martin
AD Clerum, 14 April

(The AD Clerum can be read at <https://www.chichester.anglican.org/documents/ad-clerum-issued-14th-april-2020/>)

I AM A CHRISTIAN

I wish to have access in hospital to a Christian chaplain.

Name.....
Next of kin name.....
and contact details.....
My parish church is.....
Signed.....

Praying for you



The Diocese, in consultation with hospital chaplains, has launched a simple card for people to print and take into hospital with them. This will state they are a Christian and agreeing for a chaplain to visit them in hospital. These cards will be distributed via churches and the hospital chaplaincy.

The card can be downloaded from
https://cofechichester.contentfiles.net/media/documents/document/2020/04/Healthcare_prayer_card_v2.png

‘And the people stayed home ...’

These are really difficult days in so many ways: changing the manner in which we pursue our daily lives; coping with the loneliness, and shortage of physical contact; living amid heightened stress and anxiety, in us and others; learning new skills. These things are uncommonly difficult; and that is even before we intrude upon the biggest difficulty of all, when we and others are at the sharp end of physical or financial or relational suffering.

It can be crass to imagine out loud that the present harshnesses are, in any way, an acceptable means to a better world; and yet – there are some good consequences taking shape before our eyes. I see community spirit taking a new prominence; some family breaches being addressed and healed; I see a broad acceptance that reduced traffic on our roads and in our skies has benefits for the earth; and I see people spending time gently and appreciatively; I see generosity spilling out in unaccustomed forms.

Andrew Doye, Rector



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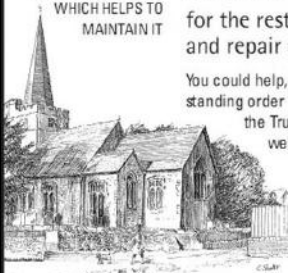
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- Assistance with shopping and meal preparation?
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- Do you care for a loved one and just need a break?
- Would you like someone to have a chat and cuppa with?
- Take you out?

Whatever the circumstances, I am sure I can help. I have 25 years experience in Health and Social care. DBS Checked and references can be provided.

For an informal chat please call Sonya at Welcome Hands
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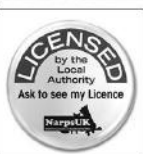
Westbourne

West Sussex

PO10 8SH

07595 440 911

info@houndsandveterans.co.uk



Around the Village



It certainly is a very different Easter time as I write and we are all missing family and the ability to celebrate with friends, especially as the weather has been so glorious.

However we are lucky that, over the past few weeks, we have been looked after by the shops in Westbourne still able to trade. It has been very difficult (and immensely stressful) for them to adapt to the present requirements but all them, the Bakery, the Pharmacy, the Co-op, the Westbourne Village Store and Westbourne Animal Feeds have managed to provide for us, achieving it with extraordinary adaptability and organisation. Although many more people are shopping locally which must be welcomed, it also means we are bringing the risk of infection to them. We give them our thanks and gratitude for all their hard work, ingenuity and good humour. Others are being innovative with their talents: Whistlers Fish and Chips are doing deliveries and the Stag's Head are cooking to order Sunday Lunches. Spice Cottage is also offering a take away menu. Thank you all.

It is tremendously difficult for those on their own and those who simply cannot leave their houses, those who are home schooling for an indefinite time, and in particular teenagers. Westbourne Help (WHELP) has been set up to support anyone in need of practical help during the present crisis (07895 367821) and is run by volunteers.

We in Commonsides are still shocked by the tragic deaths of Steve Skilton and Tony Leech in February and our thoughts are constantly with Jackie and Barbara.

With the early heat the daffodils are over but the bluebells promise to be good again this year. The ones in our 'wild' garden (most of it!) are the brasher Spanish variety but, stop press, it is now thought that the indigenous English bluebell is tougher than realised and so it is apparently unlikely that the Spanish lot will conquer them. The English Bluebell's sap is sticky so historically made ideal glue for fastening flight feathers to arrows fired by mediaeval archers, so have been flourishing in ancient woodlands for centuries.

For those of us lucky to have gardens now is the time to sow seeds for that award-winning product, be it vegetable or flower. Marion Astell of the Westbourne Allotment Association tells me they are still planning that the 124th Westbourne Horticultural Show will go ahead on Sunday 9 August in the Parish Hall, from 1.00pm. (They have asked me to say that the Small Garden prize mentioned in the February issue was **awarded by the Emsworth Horticultural Society**, not the Westbourne Allotment Association.)

Who knows what next month will bring. Rona Musker (377186) will be writing next month and would welcome any news from you.

Julia Gordon Lennox

Celebrating Frieda Lawes 90th Birthday

Our congratulations and good wishes go to Frieda who is currently confined to her house under lockdown but nevertheless was able to enjoy a spontaneous serenade from her neighbours.

All the very best for the next decade Frieda.



Eric Ravilious – an appreciation

Twitter in many ways has been a harmful force; it has intensified bullying, prejudice and the spreading of rumours and false news. All this is without the infamous David Cameron comment about Twitter – which I won't repeat.

But Twitter can also be a force for good and it was through Twitter that I discovered and started to love the work of Eric Ravilious. Ravilious (1903-1942) was a painter, designer, book illustrator and wood-engraver. He is particularly known for his watercolours of the South Downs and other English landscapes. Each day the Twitter account @Ravilious has posted one of his works and I find his pastoral scenes soothing and calming at a time when I am in particular need of calm. When currently my walking is limited to a brief stroll round the block, in my mind I can wander for miles along the South Downs or the Wiltshire Ridgeway scenes depicted in his work.

I realise that art appreciation is subjective and what appeals to one might not appeal to another but the account now has more than 7,000 followers and many, like me, have tweeted how much they appreciate it.

Ravilious was born in Acton, West London, but his family soon moved to Eastbourne and

he came to know the South Downs as a child. After studying at Art College in Eastbourne, he trained at the Royal College of Art, where he met the artist Edward Bawden and they remained friends throughout his life. Both were mentored by the distinguished War Artist Paul Nash. Ravilious married the artist Eileen Garwood and together they painted murals at the Midland Hotel, Morecambe. During the war, Ravilious became an official War Artist and he was based at Portsmouth for a while and sketched submarines at Gosport. In 1942 on a mission to Iceland the plane he was travelling in went missing and all were presumed lost.

I was disappointed to find out that I had missed an exhibition of Ravilious prints at Pallant House in 2013 but, ironies of ironies, an exhibition had been scheduled at Pallant House from 14 March – 14 June of the work of Ravilious, Bawden and their contemporaries. This, of course, has now been postponed due to the current crisis.

If the exhibition can be re-scheduled later this year I would recommend seeing it and I hope his work gives you as much pleasure as it has given me.

Sandra McGregor

My Lockdown Quilts



At the last First Friday Lunch in the Church Hall, everyone was asking, “What shall we do to pass the time during this isolation?” Robina planned to make a patchwork quilt, which got me thinking.

I climbed up into my roof space, and sifted through my stash of fabric. One box of yellow and orange, another of shades of green etc. I threw pieces down the hatch and the game was on!

Now, instead of waking in the morning, or during the night, and wondering what is happening to us all, I wake up planning my next move in the patchwork production. I retreat to my second bedroom from dawn to dusk, with Radio 4 for company. Breaking for meals; walks round the ponds; cycle-rides to the Army base on Thorney; or to read a few pages of the books my neighbours have loaned.

I can't finish this quilt as I haven't got the backing, but the second one is now happily underway, and the third is being planned.

Anyone want a quilt?.

Norma Atkinson

The Enchanted April

A book by Elizabeth von Arnim

This is slightly from left field but in these rather darker days of April 2020 I thought it was a worthwhile contrast. It's a 1922 novel by an author who was widely read in her day, little known nearly 100 years later. It is though a book whose message of hope has inspired film versions – most recently in 1992 and dramatisation both on the stage and radio.

The story is simple enough. Two dissimilar middle class and rather downtrodden women, Lotty and Rose, known vaguely to each socially come together with the rather surprising idea of renting an Italian 'Castello' in Portofino for the month of April. They both seek the sun as an escape from the greyness (of what must then have been the aftermath of war and the Spanish influenza pandemic – interesting echoes) in London. Personal columns in newspapers were then the normal medium of advertising and they both see the same note of the opportunity, the prospect of which enchants them. Together they are not able to afford the cost so determine to widen their net and recruit two more ladies to share. So we start from the slightly doubtful premise of four individuals of different social and cultural standing, with differing personalities all to be thrown together in a strange environment. We have the added dimension that two of them are unhappily married, and have determined that they will undertake this adventure without their husbands.

In her descriptions of London, of unhappiness at home and of hidden desires von Arnim paints a resonant picture, one where the post war atmosphere, the rigidity of society and its strata are well picked out. But she too travels with her characters and as they arrive in Italy somehow the narrative and style open up just as the sun warms the

blood of these cold and repressed English women. The variety in the landscape, the scents, the flowers and trees are all beautifully described as are the local characters dependent on the foreign visitors for their meagre livelihoods. Lotty and Rose are joined firstly by Mrs Fisher, an elderly and unabashedly morose and mean figure with little to commend her and much to dislike, especially her selfishness; and then by Lady Caroline, a minor but very beautiful yet unfulfilled minor English aristocrat, and the interplay between the characters is well drawn. Somehow as the sun shines so Lotty too blooms – from repression springs a joyfulness that is fulfilling.

The tension in the book is maintained by the separate arrivals of the male characters – the owner of the house, Thomas Briggs, obviously wealthy but somewhat at sea and initially infatuated by Rose to the point of absurdity. Mellersh Wilkins, Lotty's husband travels to join the houseparty perhaps surprised by her invitation but seeking opportunities – he is a rather grasping solicitor on the lookout for rich clients – and suspects that in Mrs Fisher he may have found just such and then Frederick, Rose's husband – estranged from her not necessarily from choice but by her own rigidity. As Lotty engages with them all somehow again just as the flowers they all bloom. Love emerges from the ashes of despair and disappointment and even for Mrs Fisher the world becomes a brighter place.

As an allegory for the early 1920's the book must have resonated with its readers and I wonder if it might do the same for us today? Light and unchallenging but nevertheless ultimately fulfilling.

Andrew Turner

Westbourne Help 07895 367821 will support residents in need of practical help

Musical Interlude – 1

What is Plainsong?

Where do Scales and Modes come from?

570-500 BC

Pythagoras, an ancient Greek mathematician, was watching a blacksmith at work. He realised that, depending on the weight of the hammer on the anvil, different notes sounded. So he experimented and found there was a mathematical connection between notes and their vibrations. If he halved a string, a note eight notes higher – ie an **octave** was created. Working scientifically, Pythagoras eventually filled in the missing notes to create a white note scale or **Mode**.

Plainsong

These modes, some happy, some sad, were the basis of **Plainsong**, a single line of melody. It was 'plain' in that it was not florid or harmonised, but was in free rhythm – rather like speech rhythm. The early days of Christianity were influenced by the music of the Jewish Synagogue who used this music when they chanted psalms. Later, in the Catholic church, the whole of the Mass and some hymns would have been sung in plainsong. And today? Consider the first hymn in our hymn book '*Creator of the stars of night*' or No 138 '*Come Holy Ghost*' both in different modes but still sung in plainsong today!

Minstrels and Troubadours

It is commonly thought that only Medieval churches had the monopoly of the use of modes. However, although the great ecclesiastical figures such as Ambrose, Gregory and Augustine (see below) helped to classify the modes into some sort of order, before that it was Minstrels and Troubadours who spread this music across the world.

4th Century

By the end of the 4thC, **Ambrose, Bishop of Milan**, finding church music in a bit of a muddle, decided that only four **Modes** were to be used in plainsong. If you play an octave of eight *white* notes beginning on D or E, F or G, you will have an idea what **Ambrosian modes** sounded like.

6th Century

Two centuries later, **Pope Gregory** expanded church plainsong by adding four more **modes**. This became known as **Gregorian Chant**. In 596 Pope Gregory sent **Augustine** to England to convert Ethelbert the King of Kent, and the English, to Christianity. King Ethelbert gave Augustine and his Benedictine monks permission to settle in the old Roman town of **Canterbury**, a city that became a centre for the study of Gregorian Chant. Augustine was the first Benedictine **Archbishop of Canterbury**.

The Modes

The modes dominated European music for eleven hundred years and continued to influence composers for another four hundred! Because the modes began in Greece, they were given Greek names:

Ionian Dorian Phrygian Lydian
 Mixolydian Aeolian

Broadly these modes were the ancestors of our *major* scales. Other modes with very long names became the ancestors of our *minor* scales today.

As a mathematician, Pythagoras realised that musical notes could be expressed as mathematical ratios. He worked out that the most pleasing intervals were the **Octave 1:2**, the **Fifth 2:3** and the **Fourth 3:4**.

Sylvia Willey

With the coming 75th anniversary of the end of WW2 village life may be of interest.

Keith Hart's website can be viewed at <http://www.djbryant.co.uk/WW2/>

At the same time local residents may find his village history of interest at
<http://www.djbryant.co.uk/westbourne-life/>

Westbourne 100 Years Ago

(Taken from the Westbourne Church Monthly, May 1920)

A very successful concert was held at the Lecture Hall, North Street, on April 14th in aid of the funds of the Cricket Club. In spite of a wet evening the room was crowded and the entertainment was excellent. The Cricket Club is faced with a large outlay for the repair of the roof of the pavilion and is taking every means of raising the money required.

On Wednesday, May 19th, Bishop Bevan from Southern Rhodesia will give an address at 3.30pm in the garden of the Rectory and a collection will be made for the Mission in Rhodesia. Tea will be provided at 4.30pm at 6d per head. Offers of the provision of cake will be gratefully received. It will be remembered by some that the special interest which this Mission has for Westbourne lies in the fact that the Rev. E.J. Parker, one of the Senior Clergy in Rhodesia, was some 30 years ago the Curate of Westbourne.

The Annual Jumble Sale will be held at the Parish Room on Saturday May 29th at 2.30pm. Admission will be by tickets, free to parishioners and at the price of 3d. to non-parishioners. One child will be allowed to accompany one adult but children will not be admitted by themselves till 3pm. Tea will be provided at a small charge.

A meeting of the Parochial Church Council was held at the Parish Room on April 26th. The Committee, appointed by the Easter Vestry to consider means of raising funds for Church purposes, reported that they were in

favour of the Free-will Offering system and the Council thereupon decided to adopt that system.

It was decided to write a letter to Mr. Hetheridge expressing appreciation of his work in the erection of the War Memorial and of his generous contribution towards the cost.

The Women's Institute

A meeting was held at the Parish Room on April 29th when 60-70 women were present and it was decided to form a Women's Institute for Westbourne. The Meetings should be held on the third Tuesday in every month alternately at the Parish Room and the Lecture Hall in North Street. The first meeting to be on May 18th from 2 – 4pm. This first meeting will be open to all and all intending members will bring with them their half-yearly subscription of 1/- (one shilling).

The Football Club

The Club has had a very good season having won 17 out of 25 matches, lost 5, and drawn 4. 85 goals were scored for Westbourne and 31 against.

Nurse Spiers has made the following visits in April

Maternity 39	Surgical 13	Medical 20
General 31.	Total 103.	

Edited by Lynda Mortimer

Chichester Cathedral Peregrines – Watch the Live Webcam

Peregrines were seen on the tower in the mid 1990's and may well have been visiting for many hundreds of years. Since 2001 a pair of peregrine falcons have raised chicks on the Cathedral's Spire. These have been very successful nestings and have fledged more than 60 chicks in total.

Locals may catch sight of these magnificent birds from the Cathedral grounds on their daily walk. Unfortunately this year because of lockdown we will not be able to visit and see the birds ourselves. Because the Chichester Cathedral site was the first in Europe to host a peregrine webcam to provide an intimate view of peregrines raising their young it means that without leaving our homes we can all go to the webcam link (<https://www.youtube.com/watch?v=Pzv8KHdwsr0>) to watch live footage from the nesting box at the Cathedral.

Enjoy watching these close-ups.

LETTERS

We welcome letters – long or short – express your views on any topic of interest. Please give letters to The Rectory, WFW, the Editors or email westbournemagazine@gmail.com

Dear Editors

Our Thank You

During these difficult times that we all find ourselves in we would like to convey our thanks to several neighbours who have offered us help with shopping and also for arranging with a local greengrocer to do deliveries of fruit and vegetables.

Thanks also to the chemist and other local businesses together with their staff who have managed to keep open offering a splendid service under very difficult circumstances. A special thanks to Steve and his staff for keeping the Westbourne Village Stores so well stocked with a good selection of food, plants and useful items at competitive prices. Long may we all support these stores in the future.

*Peter and Jo Eade
Briarfield
Covington Road*

2 The
Shutlers again
but the others I
know not.



4 was
obviously
the Bar!



Dear Editors

Recognise Anyone?

I have been browsing through my old slides and found these little gems of The Wild West (bourne) Weekend in 1978 that was run by The Church

I don't know if the five photos are legible. If so. Can people recognise anyone in them?

I can!

The magazine is always a good read and very informative! Thank you all of you !

Keep safe !

*Sue Norton
02392 474341*

1



From left to right
Margaret Anthony, Jo and Celia Shannon,
John and Beth Connolly (late of
Woodmancote), Peter and Jane Wilkinson,
Jane and Cyril Shutler

3 is myself
and the back of
the late Terry
Roberts of Old
rectory Close



5
the Children
and spectators.



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Support for Local Residents during the Coronavirus Outbreak

The following is a message from Cllr Richard Hitchcock, Chairman of Westbourne Parish Council.

We offer our thoughts to those who have been affected by Coronavirus and are experiencing difficulties during this challenging time. The Parish Council is here to support the local community, working with the District and County Councils, and we will help in whatever way we can. Please get in touch if you require support and we will do our best to find the help you need.

We have had to postpone the Spring Clean Day which was planned for 5 April and the Annual Parish Assembly, planned for the 16 April. Both these events are a wonderful opportunity for the community to get together and we hope to hold them again later in the year. The consultation for CCTV in The Square has also been postponed.

The Government has passed legislation which enables local councils to meet remotely using online video conferencing tools over the next year until the public health emergency has passed. The Parish Council will be able to hold its meetings and will be using <https://zoom.us>

Agendas and minutes will be published for the public in the usual way and residents who would like to join meetings are invited to contact the Parish Clerk who will share the meeting link and password.

To contact the Parish Council:

Email: clerk@westbourne-pc.gov.uk
or call 07775 654483

Information about meetings will be published at www.westbourne-pc.gov.uk

The Parish Council has made the difficult decision to suspend its taxi-bus service which previously left The Square in Westbourne every Tuesday and Saturday morning. Since the government put restrictions in place regarding self-isolation and social distancing, the service has not been used. We recommend therefore that residents who require support in accessing local shops, services and facilities should contact **Westbourne Help by calling 07895 367821 or emailing westbournehelp@gmail.com**. The Parish Council intends to reinstate the taxi-bus as soon as it is able to as it has been a much valued and well used service since it was set up in 2018.

Please be aware that the government has advised people not to use playgrounds or public benches at this time. However, we will continue to inspect the recreation grounds at The Common and Mill Road to ensure they remain a safe and pleasant place. We have bought new play and exercise equipment for The Common and it is hoped that it will be installed shortly, depending on the current situation. We had also planned to renovate the play equipment at Mill Road this spring but this may now have to be delayed. More information on the progress of this will be available on our website.

On behalf of the Parish Council, I'd like to thank organisations and businesses working in the local community to support people and offer a vital lifeline to those in need.

Richard Hitchcock

CONTACTING WESTBOURNE MAGAZINE

To Place an Advertisement: email: westbournemagazine@gmail.com

To publish an Article, an Event, a Letter, an Obituary, a Review, a Story or any other item:
email us at westbournemagazine@gmail.com

Items also can be left at *WFW Art & Framing, the Rectory* or given to *the Editors*.

To subscribe (£6.00 for 11 copies, delivered): email us or telephone Marjorie Kipling on 379067.

To buy a copy: call at Animal Feeds, Collins Garage, Westbourne Café or Westbourne Stores.

To speak to someone: telephone any member of the Parish Magazine Team listed in the Church Directory on the second last page of the Magazine.



This Month's Recipe



Cheese Straws

Everyone loves them

Ingredients:

180g plain flour	100g unsalted butter
90g finely grated cheddar	1 egg, beaten
Pinch of sea salt	Pinch of cayenne pepper
Pinch of mustard powder	

Method:

1. Weigh the flour into a large bowl, add the salt, cayenne pepper and mustard powder.
2. Add the butter and rub in until the mixture resembles breadcrumbs.
3. Mix in the cheddar and then bind together with as much egg as is necessary – add slowly as you may not need it all. Your mixture should be a stiff dough.
4. Wrap in cling film and place in the fridge for about 10 minutes.
5. Pre heat oven to 190°C/fan 170°C.
6. Roll out on a surface dusted with flour. Cut into strips and place on a greased baking sheet.
7. Transfer to the oven and bake for 8-10 minutes or until golden brown.

*Barbara Crick
Emsworth Cookery School*

VE DAY 75th Anniversary Celebration



Stay at Home Street Party Friday 8 May

Decorate your house red, white and blue and enjoy a picnic in your front garden.

Commemorate the end of WW2 by keeping your distance while celebrating with your family and friends in your immediate neighbourhood.

- * You could also take part in celebrations safely from home by joining your BBC Local Radio station initiative in making your own VE Day Great British Bunting.

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See Also pg 29 and pg 12

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Aldingbourne Trust

The Aldingbourne Trust is a local charity that supports people with learning disabilities and/or autism to have the same opportunities as everyone else to live independent lives. At the Aldingbourne Country Centre one of our key enterprises is the Open Farm. The people we support are a much-valued part of our team. They play a key role in keeping our animals happy and healthy as well as helping us to maintain high welfare standards.

From the moment they arrive in the morning they are ready to get stuck in. No job too small or too big and definitely no job too dirty!

Our daily essentials consist of feeding all the animals, poo-picking the fields, cleaning the bird houses, and cleaning the guinea pig huts. As well as this we also like to carry out regular health checks on each animal to ensure they are healthy as they can be. Many of the people we support enjoy doing this, they take great pride in knowing our animals are healthy because they have contributed to looking after them so well. A few even help us to administer medication when needed.

Another part of their job includes the public. We run guinea pig handling sessions and alpaca feeding on a daily basis. The people we support love to teach the children about our animals and how they care for them. The farm isn't just about cleaning up after our animals, they all enjoy human company. We often take the ponies down to the woods and the people we support take it in turns to lead them independently.

Our farm members are passionate about all our animals and a few have formed a bond with them over time. Many of the people we support are also interested in the behaviour and training of our animals – for example:

James, who works on the farm on a Friday, has bonded with the ponies – particularly Rupert. He adores James giving him a tail scratch and will occasionally let him sit down next to him while he is having a snooze.

Josh, who also works on the farm on a Friday, has bonded with our 3 Muscovy ducks. When they first arrived they were frightened of people; Josh spent lots of time working with them to gain their trust. They will now eat out of his hand!

Vicky, who works on the farm on a Tuesday and Friday, is helping us to train the donkeys. Tom and Jerry the donkeys are a bit cheeky



and don't like to walk on a lead. Vicky is helping us to teach them how behave in a positive way.

Whilst the Aldingbourne Country Centre is currently closed, our animals are still a top priority! We are caring for them daily and spending extra time with them until they can see you all again.

For more information about the Aldingbourne Trust or our Open Farm please visit www.aldingbournetrust.org

Leah Moore
Senior Marketing Officer
E-mail: leahm@aldingbourne.org
Mobile: 07548 971411
Direct Line - 01243 546040

ANSWERS TO CROSSWORD 212

Across: 1. TITUS 4. CONVERT 8. EMBARKS 9. THEME 10. SECT 11. ZEN 12. BILL 15. SINS 16. SING 18. NAVE 19. ALB 20. LAIC 24. AMOUR 25. AMNESIA 26. SERMON 27. ASSES

Down: 1. THESSALONIANS 2. TABAC 3. SPRY 4. CASKET 5. NOTE 6. EVENING 7. THEOLOGICIANS 13. LINK 14. PIE 15. SAVIOUR 17. ALTARS 21. APSES 22. ERGO 23. ANNA

Buskers & Dogs

Stansted artist Chris Gilbert and Westbourne writer Simon Newman have collaborated on a book entitled 'Buskers & Dogs.' Chris created the woodcut illustrations (based on real life characters) and Simon penned the words. A dozen buskers and their assorted mutts reflect on the trials and tribulations of street performance. A selection is reproduced here.

If you would like more information contact Simon on simonnewman1000@gmail.com

*People always think I'm for real
And in many ways I guess I am
You know, the real deal?
A noble warrior beating out time*

*Like Paul Robeson in The Canoe Song
Do you remember? Ayee-oko! Ayee-oko!
Can you feel that visceral sense of destiny?
It sends shivers down my spine every time*

*Robeson was definitely the real deal
That voice. That power. That spirit of defiance
He sang for the poor and the downtrodden
A heart so big it did for all of us*

*As for me? Well what can I say?
Camberwell's finest, third generation
Gramps came over on the Windrush
Zoot-suit, Trilby hat, cardboard suitcase and all*

*He was a bit of a scallywag
to be honest, but my God did we love him
He gave me my roots, my heritage
He made me the man I am*



*My melancholic wheezing puts
poor Spike to the test
My boots may be in Hounslow
but my heart's in Budapest*

*Oh Rosa, my sweet Rosa
I'd head back in a flash
for one glimpse of your dimples
and the waft from your goulash
But that door's shut and bolted
It's hard to dull the pain
Just Spike and me now busking
in Hounslow's grime and rain*

*One day it might be different
A place to call our own
For me and my old accordion
For him with his collar and bone*

Buskers & Dogs – continued

*I don't know why I chose the bass
I thought I'd be a cool dude
But it weighs a ton and when all's said and done
It's a bugger on the Tube*

*People offer helpful hints
(I'd prefer a helping hand)
"Oi mate" they jeer whilst waving their beer
"Where's the rest of yer band?"*

*They're right of course, in many ways
It's hardly a solo gig
The notes are too low and it's tough work you
know
Sometimes I sweat like a pig*

*But my mastiff seems to like it
Though it's often hard to tell
His inscrutable eyes mask no surprise
Deep down he's bored as hell*



*I read the other day that
nostalgia is out of fashion
Apparently even déjà vu is
seen as a thing of the past*

*But I regularly get flashbacks that I
dwell on longingly - which defies
both propositions in one fell swoop
So, make of that whatever you will*

*Busking, as you may have gathered,
provides plenty of thinking time
The perfect head space in which
to ponder life's manifold mysteries*

*Tyson and I generally share
the same philosophical outlook
But we have our differences when it
comes to the meaning of existence*

*You see I'm a Sartre, logic
kind of guy, whereas the mutt
here leans more towards a
Proustian form of romanticism*

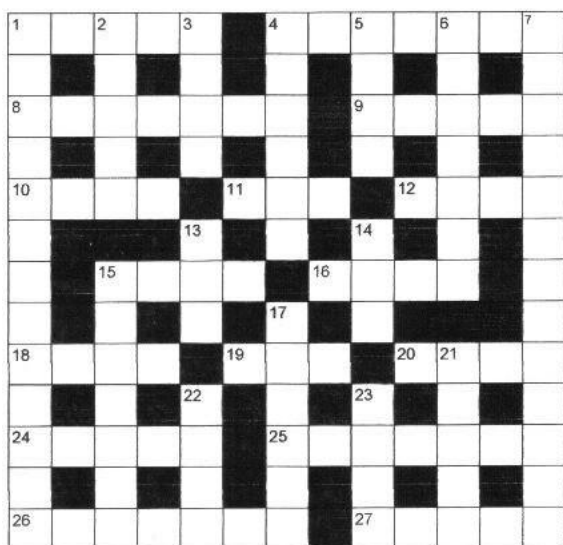
*Fair play to Tyson mind you
He's not dogmatic about it*

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CROSSWORD 212

(with a Religious flavour)



CLUES ACROSS

1. APOSTLE (5)
4. CHANGE (7)
8. STARTS (7)
9. TOPIC (5)
10. GROUP (4)
11. JAPANESE SECT (3)
12. ACCOUNT (4)
15. TRESPASSES (4)
16. VOCALISE MUSICALLY (4)
18. PART OF CHURCH (4)
19. PRIEST'S VESTMENT (3)
20. NOT CLERGY (4)
24. LOVE (5)
25. FORGETFULNESS (7)
26. LECTURES (7)
27. IDIOTS (5)

CLUES DOWN

- | | |
|-----------------------------|---------------------------------|
| 1. OT BOOK (13) | 13. WRITING MATERIAL (3) |
| 2. FRENCH SHOP (5) | 14. COVERED TART (3) |
| 3. LIVELY (4) | 15. JESUS (7) |
| 4. WOODEN BOX (6) | 17. CHURCH TABLES (6) |
| 5. CROTCHET (4) | 21. PARTS OF CHURCH (5) |
| 6. DUSK (7) | 22. THUS (4) |
| 7. THOSE WHO STUDY GOD (13) | 23. A PROPHET IN THE TEMPLE (4) |

See page 19 for Answers

Bread in a Box

I am offering 'Bread in a Box' which is a kit containing everything people need to make a loaf of bread – all the dry ingredients along with my tried and tested recipe and lots of hints and tips. So it is like having a mini cookery lesson in the comfort of your own home!

The boxes are £10 including a £1 donation to St Wilfrid's hospice.

There have been lots of posts on social media of people making bread so it seems to be something that many people are getting into especially now when they have more time at home.

The pictures give an idea of what it is.



Barbara Crick
Emsworth Cookery School
www.emsworthcookeryschool.co.uk
 01243 371407 or 07733 262126
barbara@emsworthcookeryschool.co.uk

Bistro Akela

On Valentine's Day, from 8.00 to 9.00pm, the restaurant known as Bistro Akela opened for business – and around 40 people arrived to enjoy a delicious Valentine's meal. The scouts had turned up an hour earlier to prepare the food and the starters of nachos and homemade salsa were soon being served.

While the customers tucked in to the various dishes of tomato salsa, guacamole and sour cream sauce, the troop began preparing for the next course: beef burgers with onion and



tomato or bean burgers with some extra tomato salsa in the bun.

Toward the end of the starters, orders were taken and bean and beef burgers were

starting to sizzle.

It was difficult to keep up with the requirements – the burgers were ready before the buns, and that meant a mad scramble to make more, fast. The bean burgers were extremely difficult to cook – try to flip them when they weren't done and they disintegrated, but more than a second too late and they would burn. Despite any difficulties, however, burgers



were served to the hungry families well cooked, well garnished and in good time.

Once the last main course had been eaten,

desserts started being served – chocolate cake in a cup, heated and served with cream, or a small bowl of strawberry mousse adorned with raspberries and strawberries.

At the end of the night, everyone went home full, satisfied and happy, albeit quite tired when it came to the scouts. We all had fun and I'm sure that Bistro Akela will be back for next year.



Ready Steady Cook

On Sunday 1 March, groups of scouts gathered in a scout hall in Chichester to partake in a cooking competition called Ready Steady Cook. We gathered a set of equipment and prepared to cook a couple of things.

In the first round, we were tasked to make and cook a pancake in less than three minutes – and were given the ingredients to do so. Unfortunately, our pancake didn't turn out very well – due to a pan not really suitable for cooking a pancake, the lack of a proper whisk and me not really knowing what to do. We don't know what rank we came in that round, but we opted to not eat our pancake and simply hope for a good break next time.

Then it was time for the second round – freestyle cooking. Looking at the ingredients available to us, we opted to begin with a basic ragu and add elements along the way. We used onions, chopped tomatoes, chives, mince and pasta to begin with, although there were some slightly stranger ingredients to be had, including a full haddock. We then began to cook the dish, boiling the mince in the tomatoes before adding onions, peppers, little sprinklings of cheese for added flavour and deciding to fry and add some bacon to the pot. When we were sure it was safe, we tasted the dish – and found it needed more seasoning – so we added more salt, pepper, chives, dried paprika, cumin and

Continued overleaf

Bistro Akela – continued

copious amounts of basil. Just before the meal was done, we remembered to add the carrots.

Then came the presentation – the meal was judged on aesthetics so we began fully garnishing it – giving it little pieces of chive on top, some grated cheese, little pieces of crispy bacon, and the centre a mint sprig on the top.

Finally, it was time for the judging. After a nervous wait, we found we had won joint First on the second round, tying with 1st Southbourne. We did eventually come Third overall, with Southbourne winning – not much of a surprise, as they came first on both

rounds. We were only one point off tying for Second however, and I'm sure we'll be back to win it next year.

*Alex
Ast Patrol Leader
Kestrel Patrol*

The Scouts meet on a Friday (in normal times!) between 7.00 and 9.00pm during term time and would welcome any interested young people aged between 10 and 14 years old.

*Simon Bartlett
07871216600
bartyboy73@gmail.com.*

Make it at Home

It's May and most of us are still at home and wanting something new to occupy and interest us. Here are two ideas that can be suited to children and adults or shared together.

Make a Succulent Garden



I have lots of little succulents to spare this year. If you have a bowl or wide plant pot, then create a miniature garden that will decorate an outside table all summer. A mix of compost and grit is best, but adapt what you have – pebbles, crocks, sand or even non-clumping cat litter – it's just to help drainage.

I will put a selection of succulents on a bench by my front door at 15A River Street, for 2 weeks starting 1 May with simple instructions for children to follow. Come and **Help yourself**.

All the plants in plastic pots are free.

If you want a plant in one of my

homemade pots or small bag of stones then please donate to the box for St Wilfrid's Hospice. You can contact me by a note through the door or email: suethomaspotter@gmail.com.

Make a Beeswax Wrap

My daughter has a small business she runs from home, making beeswax wraps as an alternative to clingfilm. She has produced a kit that children or adults can use to make their own wrap at home and she will send it out to you. It's an interesting eco-friendly process and children can learn a lot about bees and craft from it.



Check it out on her Facebook page, Beeswax Fabric Wraps and her online shop <http://etsy.me/2DVod58>

I hope you find some fun things to do at home and keep well.

Sue Thomas

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The Spring Receives Overwhelming Support

Like all theatres and art centres across the country, The Spring in Havant closed their doors last month in accordance with the government lockdown. Since then, the venue has been overwhelmed by the support and generosity of its local community having received over £4,000 in donations to ensure its survival through these challenging times

Sophie Fullerlove, Director of The Spring, comments: “We already knew we had a wonderful community of supporters, but we have been blown away by the support that we have received since closing. At times this has been emotionally overwhelming but we are so grateful to know that people care and it speaks volumes of The Spring that the community feels this way. People have let us know that they will miss us and we will miss them just as much. We look forward to welcoming everyone back with open arms when we re-open.”

Supporters of the Arts Centre generously donated the price of their tickets for cancelled shows as well as making text and online donations, with over £2,500 pledged in the first two weeks after closing.

Despite their closure, the venue has responded and reacted to these challenging times in the same creative and community-

centric way they are known and loved for. The team has been busy delivering their own surplus supplies to local schools and supporting their many volunteers with grocery drop offs, telephone support and deliveries of DVDs from their library. They have also been sharing free online family activity ideas as part of a **#FamilyFriday** campaign and are running a free **virtual Book Club** to help keep their community connected.

The Spring has enjoyed a long history as a cultural landmark in Havant. Known as a small organisation where big things happen, the Arts Centre delivers a diverse programme of vibrant cultural events and activities that inspire and engage its local community. From high quality live performances to workshops and exhibitions, The Spring’s eclectic events connect with audiences via its arts centre and through outreach work.

To make a donation or find out more please visit www.thespring.co.uk

Rachel Soothill
BrightWord Communications
01243 200 121
Rachel@Brightword.co.uk

News from Emsworth Maritime and Historical Trust (Emsworth Museum)

Whilst the instruction “Stay at Home – Save the NHS” continues Emsworth Museum will remain closed.

In addition the two talks scheduled to be held in the Community Centre have now been postponed. They are –

13 May – “The History of Wildfowling in Chichester Harbour” by Ian Hutchison

18 June – “Cdr Crabb: What Really Happened” by Ann Bevan

We plan to re-organise them when it is safe to do so.

If you have already bought tickets for either of these talks and you would like to exchange them for a refund please telephone 01243 378091. Please have your tickets with you when you telephone. Because of the current restrictions, arranging refunds may take a little time.

info@emsworthmuseum.org.uk www.emsworthmuseum.org.uk

Dorothy Bone
Emsworth Maritime and Historical Trust
01243 378091

Defibrillators in Westbourne

Westbourne now has three Automatic External Defibrillators (AEDs): one on the wall of the Co-op, (PO10 8UE), one on the wall adjacent to Westbourne Village Stores (PO10 8SX), and one on the wall of the Woodmancote pub (PO10 8RD). Many people are aware of these life-saving devices but are unsure how to use them.



An AED is used to attempt to correct an abnormal heart rhythm, which can arise from

arterial blockages in the vessels that supply the heart with oxygen, valve failures, violent exercise shock or infections. The heart supplies blood to all the organs, muscle and the brain. If the heart is not functioning correctly, brain damage/death can occur in as little as five minutes; therefore a victim can only be saved by immediate action of those nearest.

The AED is used for addressing Ventricular Fibrillation (chaotic heartbeat), Ventricular Tachycardia (fast heartbeat) and Bradycardia (slow heartbeat). What it will **not** do is restart the heart when it has stopped beating completely.

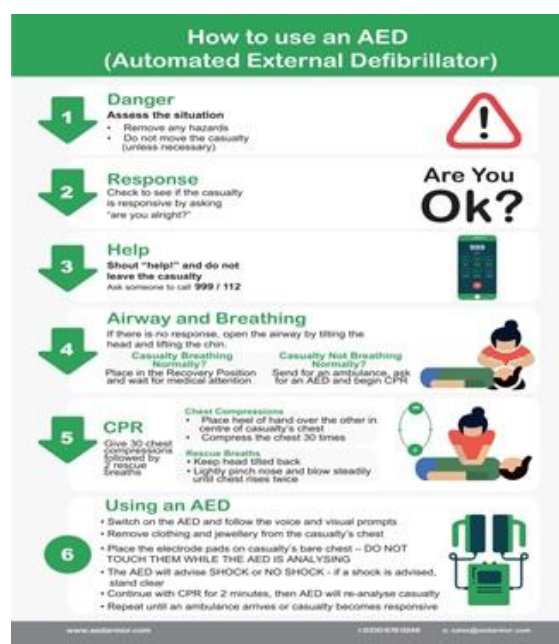
If you suspect a major heart problem in a patient, you should always dial 999 immediately and ask for 'Ambulance'. In Westbourne this will normally get you through to the South East Coast Ambulance Service (SECamb), who will ask you a set order of diagnostic questions about the patient to help them decide the best treatment in the quickest possible way. If an AED is recommended, then they should advise you of the location of the nearest working AED and importantly any access code that you will need to open the cabinet. At the same time SECamb will dispatch an ambulance and probably a separate paramedic. Note that the most urgent action is often to start CPR, so you will need several people – some to do the CPR, and one or more to fetch the AED, so recruit friends, family members, neighbours, or passers-by as necessary. CPR is performed by crossing the

palms of both hands and vigorously compressing the area of the sternum (central part of the chest) 15 times; then, with head back and nose pinched, blowing into the patient's mouth twice before restarting compressions, the latter being the most important aspect.

If you have multiple people involved and/or things get confused, you can always ring 999 ambulance again once you are at the AED cabinet to get any access code (note that you will need a mobile phone), but in that case you will be asked a series of diagnostic questions again, which will lose valuable time. In this case SECamb will also need to be told the postcode where the AED is located before they can work out the access code – this postcode should be written on the cabinet.

Once you have the cabinet access code (if any), open the cabinet and take the AED and any accompanying equipment or papers to the patient. The AED is specifically designed to be used by untrained people, and has clear instructions in its use, and will talk to you at each stage. Be aware that the AED will measure the patient's heart activity, and if it cannot treat the heart it will not shock the patient – instead it will say something like “no shock advised” and tell you to continue CPR.

*Richard Hitchcock
Westbourne Parish Council.*



Life in Lockdown

When we went into enforced Lockdown I was rather apprehensive and a little scared as to what life was going to be like. Now at the beginning of Week 4, as I write this, I am surprised and delighted at how easily I am filling my days. There are several reasons for this.

Firstly, the weather. If this had occurred during January and February life would have been very different. As it is I have spent a great deal of time in my garden enjoying nature, blue skies and the glorious birdsong – and doing some gardening! I have had a delivery of compost, pots and seeds from Stansted Park Garden Centre and await another of bedding plants next week.

Secondly access to technology. Zoom and Facetime are keeping me regularly in touch with family and friends and they have enabled me to share in Sunday worship at 9.30am and daily prayers at 8.30am. Huge thanks in this regard must go to our Rector Andrew Doye, Reader Martin Brown, and our Director of Music, Stewart Taylor, who has enabled the services to include music recorded on his organ at his home.

My Pilates teacher has set up her classes on Zoom so I am taking part in that twice a week which is great fun, and I am sure is doing me good. I am also doing a one hour walk every day which I am enjoying hugely and certainly intend to maintain in future as part of my daily routine. Obviously I am unable to play tennis but the group I belong to are holding a virtual coffee morning each Thursday at 11.00am – it is really nice to see people's

faces and share news of how we are all filling our time.

YouTube is also providing lots of music and entertainment. I have signed up to Gareth Malone's Great British Home Chorus which takes place at 5.30pm with an exhilarating warm-up and a different song each week. I watched a brilliant production of 'One Man, Two Guvnors', starring James Cordon last week, streaming from the National Theatre. The following morning a number of us from the Funtington Players then went on Zoom and discussed its merits. And Andrea Bocelli's streaming from Milan Cathedral on Easter Sunday went viral.

Huge thanks are due to all those shops in Westbourne and Emsworth who are delivering our phone orders to us. Chantelle, who runs Fresh from the Boat with her fisherman husband, Pete, are also doing an amazing job delivering fresh fish to hundreds of customers each week.

We are very blessed to live in such a lovely part of the world. My heart goes out to families holed up in overcrowded accommodation in cities with young children no longer at school. Teaching and entertaining them must be a real struggle.

I intend to keep clapping the NHS every Thursday evening at 8.00pm. My prayers go out to every doctor, nurse and all medical and ancillary staff who are working extraordinary hours in extraordinary circumstances.

Stay well, stay safe and stay at home.

Rona Musker



VE DAY 75 Years On



We are encouraging all those taking part to undertake the 'Nation's Toast to the Heroes of WW2' at **3.00pm on the 8 May**, from the safety of their own home* by standing up and raise a glass of refreshment of their choice and undertake the following 'Toast' –

“To those who gave so much, we thank you”

using this unique opportunity to pay tribute to the many millions at home and abroad that gave so much to ensure we all enjoy and share the freedom we have today.

*Bruno Peek LVO OBE OPR
Pageantmaster VE Day 75*

* See also pages 12 & 18

Past Scenes –

The Month that Delivered us from Evil

Seventy-five years ago this month, Westbourne joined towns and villages throughout the country celebrating the end of six gruelling years of war.

Victory in Europe Day itself fell on 8 May, and five days later an estimated 2,000 people packed Chichester Cathedral for a thanksgiving service, preceded by a procession from the Cattle Market involving large detachments of the Services, regular and special constables, women's services, the Royal Observer Corps, the British Legion (as it was then named), National Fire Service, Civil Defence, St John's Ambulance Brigade, Red Cross, Scouts and Guides.

After passing a saluting base in East Street, to the stirring strains of marches from a military band from the barracks and the Chichester City Band, "a great crowd streamed into the cathedral, the congregation overflowing into the side aisles and transepts".

At Westbourne, towards the end of the month, 120 children were entertained at a tea party in the club room at the Cricketers, followed by community singing. Children and adults then marched to the Square to join an open-air victory service.

Amid the general rejoicing, there were more mundane matters to attend to. Strict rationing was still in force, and years of being exhorted to 'make do and mend' or to 'dig for victory' had ingrained in people the need to avoid any kind of waste.

At its May meeting, Westbourne Women's Institute had a demonstration of 'thrift rugs' using every kind of material, as well as a competition for children's socks knitted by 'the grannies'. Other members, it was reported, were busy knitting garments for the children of liberated Europe. And from the Women's Voluntary Service an appeal went out to people not to make a victory bonfire of blackout material that was no longer wanted, as it could be turned into overalls for schoolchildren in France and Belgium.

Westbourne's Home Guard platoon, which had been stood down in February 1945, was by May considering what to do with its medical stores and field dressing station, as well as £63 in funds. It decided to give everything to Emsworth Victoria Cottage Hospital, which said it would buy "an oxygen apparatus". Who would have dreamed that medical need would be echoed exactly 75 years later?

And as another example that history often repeats itself, the newly-elected parish council, headed by Vice-Admiral A. Gordon-Smith and Major H.W. Harris, was calling for – guess what? – a more frequent bus service.

Nigel Peake

A selection of books by the Local History Group is available at Westbourne Village Stores, Monks Hill.

Some Useful Contacts

In addition to the six businesses still operating in Westbourne the following nearby shops are also open and will deliver to Westbourne.

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Information: http://www.westbourne-pc.gov.uk/Business_directory_30788.aspx
<https://www.chichester.gov.uk/councilservicestatus>
<https://www.chichester.gov.uk/wasteandrecyclingfaqs>
<https://www.chichester.gov.uk/councilservicestatus>



Peregrine Falcon – You say you want a revolution



©Roger Wilmshurst
SWT

Circling high in the blue skies above Sussex is one of the world's deadliest predators. Peregrines are hunting above us. Scanning the avian traffic in the Sussex airspace, their incredible vision locks on to an unsuspecting bird passing below and the Peregrine instantly negotiates one of the most sophisticated aerial manoeuvres possible. They stop flying. With wings and feet tucked in tightly, peregrines drop from the sky at an unbelievable speed – hurtling earthwards at up to 200 mph – the fastest creature on our planet. Everything, even the eyelids and nostrils on this bird are built for speed. Like a bomb made out of muscle and feathers, it'll decimate any victim in its path.



©Alan
Price,
SWT

We're fortunate to still have these amazing birds here in Sussex. During WW2 their taste for pigeons (including those carrying wartime messages) saw Peregrines treated as if they were on the payroll of Mr Hitler himself. The Secretary of State for Air declared war on these falcons and issued the 'Destruction of Peregrine Falcons Order'. The birds were

slaughtered, their nests destroyed. After we gave Adolf the old heave-ho, Peregrines were left alone and numbers began to recover. But they were to face an even more deadly threat than the British Government;

Dichlorodiphenyltrichloroethane (or DDT to its friends).

Farmers worldwide had started spraying a variety of wonderful new chemical insecticides all over the countryside to improve yields. These invisible poisons hit the bird at the top of the food chain the hardest. In 1958 there were 650 pairs of Peregrines in Britain. Six years later there were 68. Concerns over their decline sparked an investigation that led back to the source of the Peregrine poisoning and the world's eyes were opened to the reality of the damage that these chemicals could cause to our environment and to us. Rachel Carson wrote 'Silent Spring', the environmental movement was born and green was upgraded from a sort of yellowy-blue colour to an entire way of life.

Today, perched on our cliffs and cathedrals, high above the organic food-filled shelves in kitchens across Sussex, the killer that kick-started the environmental uprising stands defiantly overlooking us all like a beaked Che Guevara. A feathered testament to revolution, strength and tofu veggie burgers.

*Michael Blencowe
Sussex Wildlife Trust*



©Dave Kilbey, SWT

Sussex Wildlife Trust is an independent charity caring for wildlife and habitats throughout Sussex. In these difficult and unsettling times you might like to visit our website sussexwildlifetrust.org.uk and read Michael's **daily blog** or James Duncan's column highlighting species to look out for. There are **regular updates** about wildlife with video clips, online **questions and answer sessions** and wildlife articles and photos. You can also look out for **curriculum based learning sheets and activities for children** of all ages to take part in at home,.

As the school is currently closed except for key workers' children I thought I would ask a few of them to write something for this article.

Paula Caird

My name is Faye, I am 9 yrs old and in Year 5. My Mum is a keyworker so I go to school so she can work.

It's ok being at school when most of the others are at home.

I feel like I will be the only one when there (I was one time).

When it wasn't the Easter hols it was like a normal day just with hardly any kids, with normal lessons. But in the Easter hols we did lots of Easter activities eg A chicken piñata, art, making bunnies out of socks etc.

I have enjoyed it being only a couple of kids but I am excited for school to go back to normal so I can see all of my friends again.

Isabella Bristowe Year 6 – Since the Coronavirus pandemic, everything has changed for everyone. As children it has changed because we are not allowed to see our grandparents, friends or go to school. It is hard for adults because their jobs have been affected as well. Adults with jobs that involve travelling to other countries have stopped and most adults that are not key workers are homeschooling their children.

I think it is hard for children to adjust to homeschooling because you don't get a change of scenery and don't get to see other people other than your family. It is also hard because you don't get to see your teachers that are used to teaching you everyday.

This virus is affecting the whole world so we all need to work together to stop it by listening to the government's advice. We all need hope, hope that we can go back to school, hope that all those that are ill recover and hope that we all can see each other and not worry about being two metres apart.

When we overcome this virus, the world will be stronger because we will all know that we need each other to survive these horrible circumstances. One positive is that communities are becoming stronger and closer by helping each other. Whilst we are going through this, we are doing it together and need to look out for each other.

Joseph Cassford Year 2 – School is fun but is a bit different to normal. One difference is that there are less people there, because there is usually 250, and now there is about 5! I enjoy doing PE with Joe Wicks at school in the morning, and sometimes the teachers join in too. I usually have school dinners but now I'm having packed lunches, which I like a lot. I miss my school friends because I usually spend a lot of time with them. I'm also going to school in the Easter holidays, and then there's only about 3 or 4 people there. After coronavirus is over I am most looking forward to going out with my family!

Ellie Cassford Year 4 – A few months ago I never imagined that something so terrible would happen that all the schools in England would be shut down. But then a virus arrived from China which changed everything. So I had to go to school even though it was closed. I am going to school because my brilliant parents are key workers. Over the last few weeks I have experienced loads of teachers teaching me that I have not even met before. It is very different but fun as well. There are only a few people there which feels very unusual but the good thing about it is that I have made friends I would have not made before. I hope it will get better so that everyone can come back to school in the future. We have been doing quite a few activities like making slime and cooking. But we also work exactly like the people at home. It is not all bad so stay safe, stay at home and stay positive.

Lucy Cassford Year 2 – 1 month ago there was no big problem then BANG!

The Cronavirus started.

I have to go to school because my mum and dad are key workers .

I have been feeling stressed and tired but I look on the bright side.

The activities I have been doing are cooking, craft and sports.

I hope everybody is enjoying themselves and staying at home.

Remember to be positive, well and active!

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WESTBOURNE MAGAZINE

Please note that the
June Magazine copy date
is 12 May

(Earlier if possible)

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See pg 22

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VE DAY 75th Anniversary

'Nation's Toast to the Heroes of WW2'
at 3.00pm on the 8 May

See pg 29

Stay at Home Street Party

Download everything you need at
bbc.co.uk/makeadifference

See pg 18

Also View

Keith Hart's website at
<http://www.djbryant.co.uk/WW2/>

See pg 12

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Succulent Garden

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See pg 24

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Margaret Lashly 01243 374578
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Remember!!
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20mph zone

Parish Council Meeting – 16 April

April's meeting was the first to take place online, via Zoom, because of social distancing rules.

Cllr Mike Magill, with his West Sussex County Cllr hat on, reported that online library services had become very popular in the current crisis. Residents can access books, audiobooks, magazines, comics and newspapers online. **Search 'elibrary' at www.westsussex.gov.uk for details.**

He said talks had been held between Hampshire and West Sussex councils with the goal of allowing West Sussex residents to use the Havant tip. His understanding was that this would be possible when it reopened. He also highlighted the list of local businesses that are still open and offering a service to the community.

Cllr Roy Briscoe, with his Chichester District Cllr hat on, said West Sussex residents had been better at following social distancing rules and deserved thanks for their efforts. He also thanked key workers and those keeping essential services running.

There had been a 'massive increase' in fly-tipping, and the district council had been clearing fly-tips away as best it could.

He thanked the community for support offered to family members and residents after the tragic deaths in March in Duffield Lane, Woodmancote, where he lives.

He said he was working with others in local government to lobby for a change in national planning policy regarding traveller sites. This was needed because certain individuals and families were abusing the policy to develop in the countryside, he said.

Cllr Richard Hitchcock, the chair, pointed out that the Chichester district local plan would expire in July, and that the referendum designed to approve the neighbourhood plan was likely to be delayed until after May 2021. He asked Cllr Briscoe about the risk of developers taking advantage if no new local plan was officially in place, and there was no neighbourhood plan either. Cllr Briscoe said developers would be expected to follow the policies of the new local plan currently taking shape. If they did not, they risked having their

schemes thrown out once it was approved and took effect.

He said the District Council had asked for an extension on the local plan timetable because of the Coronavirus outbreak. And because the Neighbourhood Plan had already been through an exhaustive process, he believed it would be given substantial weight by a planning inspector.

No police report had been received, the clerk told the meeting.

Cllr Hitchcock updated Cllrs on the second Westbourne defibrillator, at the Village Stores, paid for partly by the council but mainly by Postcode Publications. Cllr Hitchcock said there had been an incident where the defibrillator at the Co-op had been used without the council being aware. It had discovered that new pads were needed. The council was looking to improve communication so that the defibrillators could be kept ready for use, with new pads fitted as soon as necessary. They would be checked weekly or fortnightly.

He said the county had given permission for trees to be planted in Edgell Road, Homefield Road, Crockford Road and Churcher Road, and the task delegated to Greening Westbourne. Residents would be consulted on the plan, but given the current crisis it might not be possible to plant this year. Other trees, which had 'mysteriously appeared' in Ellesmere Orchard, needed residents to adopt and water them.

Cllr Hitchcock said a complaint had been received from Monk's Farmhouse, Monk's Hill, about barking and whimpering dogs at nearby Meadow View Stables. Cllr Hitchcock said it seemed as if the dogs were not being treated considerately. The complaint would be dealt with by the district dog warden, the meeting heard.

Six Cllrs were online, along with three members of the public.

Cllr Hitchcock said a recording of the meeting would go up on its website: www.westbourne-pc.gov.uk

John Millard

Woodmancote Village News



What a month! In last month's newsletter I reported that the litter picking in the village on 5 April was being postponed. Little did we know then that we were going to be in lockdown for an extended time and that, so sadly, our small village will have suffered a tragic event with the deaths of a family of four.

The next village date is our AGM on 5 May. We might still be in lockdown, but if so, we could organise it by Zoom. Please email woodmancoteresidents@gmail.com if you would like to be kept up to date. Rather than bingo afterwards we could have a virtual Village Quiz...maybe we should plan this anyway? Any ideas, please email!

However, on the upside there is so much hope and fantastic human spirit around. It is so moving to read of the numbers of people who have volunteered to help others; the incredible fortitude and strength of NHS staff and care workers; the resilience of key workers across our community; shop staff serving people buying food and medicine; to name but a few.

I'd love to take this opportunity to tell you about how the Aldingbourne Trust is adapting to caring for people with disabilities during lock down:

The Aldingbourne Trust supports over 1,000 people with learning disabilities and Autism in East Hampshire and West Sussex to lead fulfilled and happy lives, living as independently as possible and with training and employment. Much of its support is through social enterprise at the Aldingbourne Country Centre. People with disabilities are trained and employed in a number of enterprises including a café, shop, open farm, horticulture, furniture restoration, conference facilities. Around 60,000 visitors a year enjoy the facilities and in turn the Aldingbourne Trust generates an income that enables it to

provide sustainable and excellent support to people with disabilities. The public have a fabulous day out and see what people with disabilities can and do achieve and barriers are broken down – it's a win, win situation. During lockdown the enterprises have been closed and all the people we support, many of whom have additional health needs, are extremely vulnerable and are living in increased isolation – many live independently on their own.

The incredible teams at Aldingbourne Trust have organised a plethora of ways to continue helping and supporting people. This includes social media closed groups including the Aldingbourne Trust Coronavirus Boredom Busters with exercise classes, Q & A sessions, Boogie Sessions, Relaxation classes, Crafts, guest speakers, art classes and so much more. One project has delivered activity packs to all the people it supports including arts and crafts, recipes and essential information. Another project is organising daily events including quizzes, competitions, and Lego challenges. The Aldingbourne Country Centre Café staff are cooking food to be delivered to people throughout the community, stretching from beyond Worthing to the Hampshire border. The Trust has bought additional mobile phones and iPads to help keep people connected. It really is doing an incredible job, like many other charities, in this challenging time.

If you would like to support the Aldingbourne Trust and have some fun yourself, take part in the family quiz that you can buy online. The winner will win a family day out worth £28 when the Country Centre re-opens. Visit: www.aldingbournetrust.org to buy your quiz online.

Wishing everyone safe and well and please remember there are many people in the village who would love to help their neighbours. If you need anything, please email:

woodmancoteresidents@gmail.com

Abigail Rowe
Tel: 07802 783604



We Can Change



What strange times we live in. Apologies for the cliché, but if it's not this one it would, no doubt, be some other very well-worn phrase.

The extent to which millions – no billions – of people all over the world have responded to the threat we currently face, although understandable, is extremely impressive. By the time you read this, we may well have been cooped up in our own homes for about six weeks. It would be fair to say that none of us have ever experienced anything like this before and we have been obliged to dig deep and draw on resources many of us never knew we had,

Not only have we, bit by bit, been adapting to the new circumstances but there have been numerous acts of rewarding selflessness, suggesting that human beings are not best served by the neoliberalism that seems to have engulfed us in recent years.

The fact that we have been able to make very dramatic changes to the way we live is immensely encouraging. Dutch educational innovator, Christian Boek recently told the *Volkskrant* newspaper that “It's as if we've

gone from 2020 to 2030 in one weekend” and Simon Kuper, in an article in the *i* on 11 April, created a list of changes that have “actually happened, should last, and will save time or money and can mitigate horrors such as carbon emissions; loneliness and homelessness”.

Last year, numerous local councils (inc. CDC), the length and breadth of the country, declared a Climate Emergency, in the belief that the whole of humanity is threatened by climate change. As you may have noticed, not a lot happened: we carried on living our lives in pretty much the same way as we had hitherto. We were told that measures to tackle climate change were okay just as long as they did not damage the economy.

Imagine that any measures to combat the Coronavirus had been dismissed in order to ensure that no damage was inflicted on the economy. Anybody who proposed that would have rightfully been chased out of town. I leave you to draw your own conclusion. See you on the other side.

Richard Hitchcock
Chair of Greening Westbourne

Tuppenny Barn

Due to the ongoing COVID-19 crisis, we have cancelled all events at Tuppenny Barn for the foreseeable future. Thank you for your support to date, and we hope to see you all again once our programmes have reopened. Stay safe.

Go to <https://www.tuppennybarn.co.uk/> and please sign up to our Newsletter to receive up to date information about current events, workshops and courses.

Help for the Community

As a charity, we at Tuppenny Barn are keen to help the community in this time of great need. We have stepped up our normal working model to be able to provide as much fresh produce to those locally. **The shop is open on Thursdays from 9.00am to 4.00pm.** We are practising strict social distancing to keep both customers and staff safe.

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But lately with this virus here
We can't go out the gates*

*You see we are the 'oldies' now
We need to stay inside
If they haven't seen us for a while
Hopefully, won't think we have died
They'll never know the things we did
Before we got this old
There wasn't any Facebook
So not everything was told.*

*We may seem sweet old ladies
Who would never be uncouth
But we grew up in the 60s -
If you only knew the truth!*

*There was sex and drugs and rock 'n roll
The pill and miniskirts
We smoked, we drank, we partied
And were quite outrageous flirts.*

*Then we settled down, got married
And turned into someone's mum,
Somebody's wife, then nana,
Who on earth did we become?*

*We didn't mind the change of pace
Because our lives were full*

*But to bury us before we're dead
Is like red rag to a bull!*

*So here you find me stuck inside
For 4 weeks, maybe more
I finally found myself again
when I had to close the door!*

*It didn't really bother me
I'd while away the hour
I'd bake for all the family
But I've got no bloody flour!*

*At least I've got a stash of booze
For when I'm being idle
There's wine and whisky, even gin
If I'm feeling suicidal!*

*So let's all drink to lockdown
To recovery and health
And hope this bloody virus
Doesn't decimate our wealth.*

*We'll all get through the crisis
And be back to join our mates
Just hoping I'm not far too wide
To fit through the flaming gates!*

Castle View, Portchester WI

Ems Valley U3A

The Ems Valley U3A Book Group 2 has now switched to internet discussion during the Corona crisis. We have a theme each year and our theme for 2020 is 'lesser known works by well-known classic authors'.

Our last face-to-face meeting was in early March when we discussed 'The Machine Stops' by E.M. Forster. This is more of a long short story than a novel and it depicts an H.G. Wells-style dystopia very different from the image of Forster many may have from the Merchant-Ivory adaptations. In this work people live underground and they communicate by what appears to be a form of Skype. Permission from authority is needed to go outside and even when someone has permission to go out, people are reluctant and prefer to communicate electronically.

The story was written in 1909 but it seems extraordinarily prescient in our current time.

Sandra McGregor

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